

Fitness Center Consulting and Design

From start to finish, **HealthSource Solutions** will guide you through designing and managing your fitness center. Our consultants collaborate with your architects, equipment vendors and facility management to create a functional design for your center.

Facility design and planning

- Fitness center layout
- Electrical layout
- Locker room set-up and amenities
- Group fitness studio (size, flooring, mirrors, AV)
- Storage space (layout and size)
- Ventilation, lighting and flooring options
- Multipurpose rooms (massage, fitness testing, office space)

Equipment purchase and layout

- Equipment layout — cardio, strength and group fitness equipment
- Obtain quotes and provide recommendations
- Identify audiovisual needs

Operations

- Establish membership process and procedures (application, medical release, informed consent, payment)
- Create a safety and security plan
- Establish service contracts (equipment, towels, water)
- Prepare membership recruitment plan
- Establish tracking and reporting templates and processes



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